

Justification

Regional Medical Programs

	197.	1 Estimate	197	2 Estimate			se or ease
	Pos.	Amount	Pos.	Amount	Pos		Amount
Personnel compensation and benefits Other expenses	275	\$4,436,000 77,970,000	275	\$4,756,000 82,515,000		+\$	320,000
							
Total	275	\$82,406,000	275	\$87,271,000		+\$4	,865,000

General Statement

The Regional Medical Programs Service provides a major mechanism and supports activities required to enhance the capacity of the health care system to furnish services of satisfactory quality to all Americans.

Regional Medical Programs Service: (1) supports grants and contracts which on a regional basis bring together in a common effort the local medical centers, hospitals, and other health care facilities, health care providers and other resources to systematically identify health problems, commitments, and undertake the solutions; (2) furnishes professional and technical assistance and advice to the Regional Medical Programs, States, local communities and other relevant health agencies; (3) conducts programs through voluntary commitment of regional resources to bring about an increased, effective use of medical knowledge, make more efficient use of physicial and human medical care resources and help remove barriers which impede entry of patients into the health care system, maintaining major focus on those diseases which are the greatest causes of morbidity, disability, and death in the United States; (4) facilitates and provides professional guidance at the regional level to other governmental and private efforts aimed at improving the organization and delivery of health care; (5) administers specialized pilot or educational or monitoring programs in the field of kidney disease and smoking and health, which have significant importance in improving personal health care and in contributing toward the accomplishments of Regional Medical Program goals.

	1971 Estimate	1972 Estimate	Increase or Decrease	
(a) Grants	\$70,298,000	\$75,000,000	+\$4,702,000	

Grants are awarded to assist in the planning, establishment and operation of Regional Medical Programs for research, training and demonstrations of patient care.

It is the objective of the Regional Medical Programs to improve availability of and access to high quality health care to all Americans through improvements in the development and more efficient utilization of health manpower and other resources. Approximately 2,700 institutions including all medical schools, 1,900 hospitals and a variety of State and voluntary health organizations are now participating in this effort to improve the quality of care and the adoption of the latest techniques in the delivery of health services.

The Regional Medical Programs Service seeks to assist the established Regional Medical Programs to develop a framework of cooperative relationships for improving the organization and delivery of services to people. This framework is structured by developing the voluntary cooperation of the various providers of service, both public and private, in identifying the patients' needs. When these have been determined, the local groups and institutions develop projects and programs to meet these needs. The activities of Regional Medical Programs include the full spectrum of health care: prevention, primary care, specialized care using the latest scientific techniques, and rehabilitation. Regional Medical Programs provide funds for organizing a system of health care locally acceptable and responsive, but linked to regional resources not available locally.

Program for 1971 and 1972

Fifty-five Regional Medical Programs are now conducting operational activities.

During the past year, events in the various regions have provided significant directions for the future. The newly emerging cooperative arrangements within the regions have demonstrated the role the Regional Medical Programs can play as a recognizable and locally acceptable force not only for health planning but for improving the organization and delivery of health care as well. These changing patterns in the health care system brought about through operational activities are affording the consumer immediate and direct benefits.

The movement toward operational status is reflected by the fact that currently more than 50 percent of funds are now awarded for projects which demonstrate improved patient care methods, a significant increase from previous years when planning was the predominant activity. The fields of disease prevention and screening for early detection of disease are receiving increasing emphasis. The special problems of the poor in both rural and urban populations are being studied intensively.

The effort of Regional Medical Programs to promote the regionalization of health resources and enhance the capabilities of providers of care at the community level involves a number of different approaches.

One important approach involves all of the regions in developing a base for regional planning and decision-making through broad representation and participation of health institutions, organizations and individuals on the planning committees and the Regional Advisory Group of each Region.

The legislative extension of 1970 emphasized the development of such local planning capability, especially in relationships with Comprehensive Health Planning agencies. To promote such cooperation, the new law requires reciprocal membership on Regional Medical Program and Comprehensive Health Planning advisory groups. It also provides the Areawide Comprehensive Health Planning Agencies with the opportunity to review Regional Medical Program grant proposals to ensure conformance to community-established priorities.

Recognizing that the programs need to complement and support one another as they work with the health institutions in their area, close cooperation will be encouraged in the form of joint planning and data collection efforts and common definition of subregional areas.

Community planning assistance is being promoted in California where, for example, the California Regional Medical Program recently provided both financial and staff assistance to the Welfare Planning Council of the Los Angeles Region for a community report on health problems and priorities in East Los Angeles. This community approach is a recognition of the fact that health needs originate in people. This recognition is especially important when looking at a "barrio" such as East Los Angeles.

Regionalization and new organizational arrangements are major themes of Regional Medical Programs. Working relationships and linkages among community hospitals and between such hospitals and medical centers are among the primary concerns of the program. The linking of less specialized health resources and facilities such as small community hospitals with more specialized ones is an important way of overcoming the maldistribution of certain resources, and thereby increasing their availability and enhancing their accessibility.

The development of regionalized professional and institutional linkages aids in linking patient care with health research and education within an entire region to provide a mutually beneficial interaction. It also helps to emphasize the delivery of primary care at the local or community level, while promoting specialty care as the province of the medical center and larger community hospitals.

In North Carolina, community development of comprehensive stroke programs has been initiated, with a central coordinating unit at the Bowman Gray School of Medicine. A broad range of activities is being undertaken, including publication of guidelines for community stroke programs, educational activities such as training programs for nurses, annual stroke workshops, stroke consultation

service for physicians through the cooperation of the neurological staffs of the three medical centers, and a family-patient education unit, designed to help patients and their families learn to cope with the long-term effects of stroke disability.

A broad array of manpower activities is being developed to impact on the health care delivery system. Estimated numbers of health professionals who will be trained in 1971 as a result of Regional Medical Program activities are as follows:

Doctors	31,628
Nurses	55,295
Allied/Other Health	39,000
Total	125,923

In addition, over 25,000 emergency health personnel (firemen, ambulance drivers, policemen, etc.) will receive training. These programs will include both the teaching of new skills and also the upgrading of existing skills as well as training new people in the allied and other health areas.

Many Regional Medical Programs have conducted studies to determine the need for, willingness to accept and feasibility of training categories of manpower to extend the services of physicians. Most of these are related to the physicians' assistant concept. Some Regional Medical Programs are designing such projects and several have funded operational projects in this area.

In Alabama, the Regional Medical Program is sponsoring a program to formulate and implement training programs for allied health technicians through the cooperative use of funds, manpower, and facilities already in existence at the junior college and vocational technical training schools level. By linking the resources of the University of Alabama, Regional Technical Institute, the Appalachian Development Commission, and 17 state supported junior colleges, Alabama is taking a giant step toward solution of its health manpower shortage.

A Guest Residency Program, started two years ago with Regional Medical Program funds, has helped pave the way for what is a significant innovation in medical education (WAMI) by demonstrating the practicality of its decentralization. The new medical education plan, taking its name from the four States involved (Washington, Alaska, Montana, Idaho), recently received a \$1 million grant from the Commonwealth Fund. Alaska was selected as the first State to implement the new plan because of the close ties already created by the Washington/Alaska Regional Medical Program between the University of Washington Medical School and Alaska academic and medical communities.

Virtually all Regional Medical Programs have projects designed to augment the knowledge and level of performance of health professionals and paraprofessionals. Many of these projects lead to the utilization of personnel in new ways. Perhaps the greatest Regional Medical Program thrust in this area is the training of coronary care unit nurses; over 7,000 registered nurses and licensed practical nurses have been trained to date.

Although Regional Medical Programs does not provide for patient services directly, it often gets involved in planning for and helping to establish those health care components which will deliver service. This includes a broad range

Currently demonstrations are being funded for activities such as:

Coronary and other intensive care - 114 coronary care units and 8 mobile units	\$13,800,000
Ambulatory care - 24 neighbor- hood health centers, clinics and out-patient departments	3,900,000
Extended and home care	2,200,000
Other - such as emergency and transportation services	1,300,000
Total	\$21,200,000

As a result of these demonstrations, communities and hospitals not directly involved in these projects have been spurred to make much needed improvements. For example, in 1966 there were only 375-425 coronary care units and 1,100 other intensive care units in the United States. By 1969 these had increased to 2,101 coronary care units and 2,556 other intensive care units, corresponding to 500 percent and 150 percent increases, respectively.

This range of activity and the types of operational components being carried on varies from region to region. In providing a mechanism for planning, decision-making, and sharing limited health manpower and facilities, the stress has been on local initiative and control to match local needs, problems, and available resources.

It is expected that an increasing portion of available funds during 1972 will be directed toward the following general areas:

- Activities which lead to more effective and efficient utilization of health manpower, especially in patient care settings. Training for new types of health manpower (e.g., physician assistants) will be emphasized, as will new organizational patterns which make greater use of paramedical personnel.
- Operational activities with increased emphasis on regionalization of health resources and services, with the focus on strengthening linkages between those institutions providing specialized care, such as the medical centers and affiliated hospitals, and primary care, being provided by smaller community hospitals, neighborhood health centers, and other community health facilities.
- . Conjoint and collaborative efforts with Areawide Comprehensive Health Planning agencies and similar agencies which foster community-based planning and programs that can begin to materially effect resource allocations/distribution for health at the local level.
- . Projects which emphasize disease prevention and early detection, including early and easy access to care.
- . Activities which encourage and support the development, operation and success of the emerging Health Maintenance Organizations.

The increase in total funds available for obligation of \$4,702,000 would provide \$75,000,000 in 1972. Of this amount, \$5,000,000 is earmarked for construction of a regional cancer center in the Northwestern part of the United States. The balance will be used to meet the continuation costs of grants for selected programs based on relative merit.

In exercising the current authority to use funds for the purpose of program planning and evaluation, in addition to exercising this authority through grants and contracts, these funds will also be used to finance consultative and other services required to prepare, monitor, and review various forms of evaluation. Such consultative services would be performed under contract or through the use of part-time or intermittent consultants.

SELECTED DATA

REGIONAL MEDICAL PROGRAMS

Overview	1
Regional Advisory Groups	5
Planning Committees and Task Forces	4
Local and Area Advisory Groups	5
RMP Staff	C
CHP - RMP Relationships	_
Hospital Involvement	/
Operational Programs by:	
- Program Emphasis	
- Disease	c
- Health Care Organization and Delivery	c
Health Professionals Trained	٤

Office of Program Planning and Evaluation Regional Medical Programs Service February 15, 1971

<u>OVERVIEW</u>

REGIONS

*	THERE	ARE	56	REGIONAL	MEDICAL	PROGRAMS

- 54 are operational
- · Of these:

5 are in their fourth operational program period

T8 are in their third

21 are in their second

10 are in their first

* LARGEST REGION

- In population: California (20 million)
- · In size: Washington-Alaska (638,000 square miles)

* SMALLEST REGION

- In population: Northern New England (445,000)
- · In size: Metropolitan Washington D.C. (1,500 square miles)

* BOUNDARIES: NUMBER OF REGIONS WHICH

- Encompass single states 32
- Encompass two or more states. . . 4
- · Are parts of single states. . . . 12
- Are parts of two or more states . . 8

* POPULATION: NUMBER OF REGIONS WHICH HAVE

• Less than 1 million persons	5
• 1 million to 2 million	11
. 2 million to 3 million	14
. 3 million to 4 million	8
. 4 million to 5 million	7
Over 5 million	11

* HEADQUARTERS:

. Universities . State Private	Grantees 36 (29) (7)	Coordinating Headquarters 31 (26) (5)
. Non-profit Agencies State Medical Societies Non-profit corporation	20 (5) (15)	25 (4) (21)

INVOLVEMENT

- * PERSONNEL: PEOPLE INVOLVED IN THE RMPs TOTAL 16,500:
 - . 1550 FTE core staff members
 - . 2040 FTE project staff members
 - 2700 on Regional Advisory Groups
 - . 10,200 on task forces and local advisory groups.
- * HOSPITALS: A TOTAL OF OVER 2,200 OF THE NATION'S 7,000 HOSPITALS ARE NOW INVOLVED IN RMP PLANNING AND OPERATIONAL ACTIVITIES:
 - . Over 200 short-term, non-federal hospitals represented on Regional Advisory Groups
 - Almost 700 STNF represented on other regional and subregional planning bodies
 - . 2,000 STNF involved in operational activities.

FUNDING

* \$223 MILLION HAD BEEN AWARDED TO THE PROGRAMS THROUGH FY70. NET GRANT AWARDS IN FY70 TOTALLED 78,202 MILLION

REGIONAL ADVISORY GROUPS

* SIZE

•	1967	$\frac{1600}{30} \text{ total membership}$ $\frac{30}{30} \text{ average group single}$	
•	1969	2500 total membership 45 average group si	

. 1970 $\underline{2680}$ total membership $\underline{48}$ average group size

10-19 members:	3	RAGs
20-29 members:	11	RAGs
30-59 members:	34	RAGs
60-99 members:	- 5	RAGs
100-199 members:	2	RAGs
over 200 members:	1	RAG .

. Largest: Western New York (329)

. Smallest: Missouri (12)

* COMPOSITION - total 2680 members

- . 728 (27%) practicing physicians
- . 387 (14%) medical center officials
- . 347 (13%) hospital administrators
- . 231 (9%) voluntary health organization representatives
- . 204 (8%) public health officials
- . 255 (10%) other health workers
- . 516 (19%) members of the public
- . 12 (---) RMP staff members

PLANNING COMMITTEES AND TASK FORCES

* NUMBER AND SIZE: 500 COMMITTEES IN 56 REGIONS: 5300 TOTAL MEMBERSHIP

* COMPOSITION:

Number 5320	Percent 100
3273 486 326 346 312 577	62 9 7 6 6
Number 5320	$\frac{\text{Percent}}{100}$
872 508 879 212 290 355 1180 198 826	16 10 17 4 5 7 22 4
	3273 486 326 346 312 577 Number 5320 872 508 879 212 290 355 1180 198

Almost half of these committees are organized according to categorical diseases; the remaining are in areas such as manpower, training, data collection, hospital planning, and evaluation.

LOCAL AREA AND ADVISORY GROUPS

- TO STUDY AND PROPOSE ACTIVITIES TO MEET COMMUNITY NEEDS AND PURPOSE: TO STRENGTHEN RELATIONSHIPS AMONG LOCAL INSTITUTIONS AND WITH THE MEDICAL CENTER.
 - 27 Regions have 335 such groups (4800 persons)

129 of these are located in the Georgia Region

Most include representatives of local hospitals, local health professionals and other community leaders.

Many do cooperative planning with CHP (b) agencies Composition is primarily consumer and hospital oriented.

COMPOSITION

By Profession	Number	Percent
TOTAL	4843	100
Physicians Registered Nurses Hospital Administrators Other Health Business or Managerial Other	2001 445 672 227 522 996	41 9 14 5 11 20
By Affiliation	Number	Percent
TOTAL	4843	100
Medical Schools Affiliated Hospitals Other Hospital Interests Medical Society Public & Other Health Agencies Voluntary Health Agencies Health Practitioners Public or Consumer All Other	75 452 954 401 500 349 904 723 485	2 9 20 8 10 7 19 15

REGIONAL MEDICAL PROGRAMS STAFF

TOTAL: 3590 FULL-TIME EQUIVALENTS

1547 on CORE STAFFS

2043 staffing OPERATIONAL PROJECTS

	FTE's CORE	FTE's OPERATIONAL ACTIVITIES
TOTAL	1546	2043
Physicians Registered Nurses Allied Health Other Professional/Technical Secretarial	-226 53 45 708 514	293 369 262 703 416

CHP - RMP RELATIONSHIPS

- * 53 regions have overlapping advisory group membership with state and areawide agencies:
 - . 18 CHP ''A' staff members are on Regional Advisory Groups (18 regions) 25 CHP ''B' staff members are on Regional Advisory Groups (16 regions)
- * 23 regions have common data collection activities with state agencies and 7 areawide agencies

HOSPITALS

*	TOTAL NUMBER INVOLVED IN REGIONAL MEDICAL PROGRAMS:	2210	
	Short-term, non-federalLong-term, non-federalFederal	2080 60 70	(94%) (3%) (3%)
		٨.	
*	SHORT-TERM, NON-FEDERAL HOSPITALS INVOLVED:	2080	
	. By bed Size		
	Under 200 beds 200-399 beds Over 400 beds	1310 480 290	(63%) (23%) (14%)
	. By Affiliation		•
	Medical school affiliated Non-affiliated	1370 710	(66%) (34%)
*	TOTAL NUMBER INVOLVED IN RMP OPERATIONAL ACTIVITIES:	1600	
		100	
*	TOTAL NUMBER SPONSORING RMP OPERATIONAL ACTIVITIES:	190	

OPERATIONAL PROGRAMS

The CURRENT LEVEL OF FUNDING is \$95 million, which includes approximately \$39.8 (42%) for core and \$55.2 (58%) for projects. Operational activities reflect the following program emphases:

. Activity	100%	
Continuing Education	22%	
Manpower Development and Utilization	31%	(General)
Patient Care Demonstrations	31%	
Coordination for Health Services	88	
Research and Development	8%	
Research and beveropment		
. Disease	100%	
Heart disease	26%	
Cancer	12%	
Stroke	13%	
Kidney disease	3%	
Related diseases	9%	
Multicategorical and/or non-specific	38%	
matericategorical anayor non specific	•	
. Organization and Health Care Delivery	100%	
Ambulatory care services (e.g.,	7%	
outpatient depts., neighborhood health		
centers Other out-of-hospital services (e.g.,	7%	
the health extended care nationt	, , ,	
home health, extended care, patient		
education)	23%	
Intensive care (e.g., coronary care units,	200	
stroke units)	8%	
Support services (e.g., laboratory	00	
services, registries, medical records)	16%	
Electronic monitoring networks and other	10%	
consultation services	5%	
Community faculty for subregional	3.0	
programs	15%	
Integrating services of several hospitals	1.5%	•
and other agencies	19%	
Other	150	

HEALTH PROFESSIONALS REACHED THROUGH EDUCATION AND TRAINING PROGRAMS

	Grand Totals	FY68	<u>.</u>	FY69	<u>)</u>	FY70	-	FY71 6/1/70-2/		
TOTAL	193,708	1,139	100%	52,396	100%	63,973	100%	76,200	100%	
Physicians	46,352	319	28	15,719	30	14,714	23	15,600	20	
RN's	68,440	729	64	24,102	46	19,832	31	23,777	31	
Allied Health	*• 56,438	80	7	6,288	12	21,750	34	28,320	38	
Multidis- ciplinary	22,478	11	1	6,287	12	7,677	12	8,503	11	

^{*} Includes approximately 20,000 emergency health personnel such as ambulance drivers, firemen, etc.

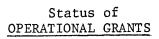
Distribution of Grants Awarded by Primary Activity Emphasis and Categorical Disease (Net to Date and Available Current Period)

1 1 2

Net Operational Grants Awarded	to Date	Funds Available Current Program Period (Level as of 12/31/70)					
Total Net	\$254.2	Total Available \$95.0					
Program Direction - Project Development, Planning	\$ 91.5	Program Direction - Project \$39.8 Development, Planning					
Operational Projects	\$162.7	Operational Projects \$55.2					
Activity Emphasis - Projects	\$ <u>162.7</u>	Activity Emphasis - Projects total \$55.2					
Education & Training Demonstration of Care Research & Development	88.1 53.1 21.5	Education & Training 29.1 Demonstration of Care 21.7 Research & Development 4.4					
Disease	162.7	Disease 55.2					
Heart Cancer Stroke Related (Diabetes, Kidney, Pulmonary) Multicategorical	45.9 17.1 17.4 16.4	Heart 14.1 Cancer 6.5 Stroke 7.1 Related (Diabetes, 6.5 Kidney, Pulmonary) Multicategorical 21.0					

Status of OPERATIONAL GRANTS

		1967 Awarded	1968 Awarded	1969 Awarded	1970 Awarded	1971 Awarded
				002 105	1 1/0 226	32,507
28	Alabama	07/ (07	1 1/0 015	903,105	1,148,226	
04	Albany	914,627	1,140,015	139,617	1,534,208	1,094,930
52	Arkansas	• • •	• • •	579,924	983,127	• • •
56	Bi-State	• • •	0.000.064	0 (00 000	1,012,307	0 256 062
19	California	• • •	2,232,864	9,602,090	2,376,152	9,256,963
50	Central N.Y	• • •	460,314	1,237,940	45,039	618,002
40	Colorado-Wyoming	• • •	• • •	1,146,824	1,336,738	• • •
08	Connecticut	• • •	• • •	1,548,257	1,197,354	•••
31	D.C. Metropolitan	• • •	418,318	1,427,008	1,189,486	508,893
24	Florida	• • •		779,085	1,757,031	68,933
46	Georgia	• • •	1,416,777	2,635,789	68,660	2,167,534
26	Greater Delaware	• • •		2,862,484	2,500,033	• • •
58	Greater New York	967,010	1,127,282	371,532	3,093,923	• • •
01	Hawaii	•••	• • •	903,301	914,701	1,047,774
43	Indiana	• • •		1,572,396	1,632,990	1,191,212
15	Intermountain		1,789,792	3, 113,706	3,553,599	28,444
27	Iowa		412,841	73,979	1,208,683	•••
21	10wa	• • •	412,041	75,575	2,200,000	
02	Kansas	1,076,600	1,576,304	1,727,063	58,516	• • •
54	Maine	• • •	318,239	862,529	453,406	895,756
44	Maryland	• • •		2,236,520	2,124,469	
51	Memphis	173,119	749,448	890,107	1,301,111	1,027,301
53	Michigan	• • •	852,241	989,229	2,725,658	• • •
57	Mississippi	• • •	• • •	731,406	1,754,474	125,834
09	Missouri	2,887,903	4,490,607	5,227,008	4,996,201	129,985
32	Mountain States	•••	206,913	1,997,283	1,959,224	• • •
47	Nebraska - South Dakota	350,339	214,987	501,206	1,162,224	395,441
42	New Jersey			1,030,563	1,412,366	•••
–			475,798	1,959,119	1,412,500	1,189,341
34	New Mexico	. • • •	4/3,/30	T 9 2 2 2 9 T T 3	• • •	_,,_



		1967	1968	1969	1970	1971
•	•	Awarded	Awarded	Awarded	Awarded	Awarded
03	Northern New England	• • •	• • •	955,086	313,788	660,571
21	Northlands	• • •	• • •	1,308,058	1,470,765	• • •
06	North Carolina		1,799,654	2,168,829	2,275,014	52,166
63	Northwestern Ohio	• • •	•••	•••	1,545,276	26,651
22		• • •	• • •	964,367	204,175	809,686
48		• • •	• • •	855,317	1,269,711	• • •
23	the state of the s	• • •	• • •	1,121,457	1,408,097	• • •
12		• • •	598,879	831,888	888,385	14,872
65	Puerto Rico	• • •	238,027	253,065	1,058,789	• • •
25	Rochester	• • •	724,664	1,018,675	939,674	• • •
35	South Carolina			931,507	1,234,457	1,333,301
59		• • •	. • • •	546,067	719,427	_,,,,,,
29	Susquenama variey	•••	• • •	340,007	, 2, , 12,	
18	Tennessee Mid. South	• • •	2,088,598	2,712,154	2,668,969	(21,813)
07	Texas	• • •	1,943,569	• • •	2,764,538	1,821,674
62	Tri-State	•••	• • •	436,122	1,642,162	48,620
38	Wash Alaska		1,086,764	1,090,197	2,035,610	• • •
13		• • •	357,761	1,647,796	1,413,701	226,720
31	Western Pennsylvania	•••	•••		2,359,490	• • •
37		• • •	643,008	1,209,914	1,841,718	1,200,949
		8,160,201°	27,363,664	65,099,569	71,553,652	25,952,247

REGIONAL MEDICAL PROGRAMS SERVICE

Applications Approved to Date by the National Advisory Council

on Regional Medical Programs but $\underline{\text{Not}}$ Funded

Alabama			•	.\$	1,576,462
Albany			٠	• •	92,920
Arizona			•	•	177,501
Arkansas				•	1,207,486
Bi-State			•	•	141,800
California			٠	•	2,359,803
Central New York			•	•	280,558
Colorado/Wyoming					62,482
Connecticut			•	•	567,094
Florida			٠	•	639,681
Georgia					706,570
Greater Delaware Valle	y • •			•	668,320
Hawaii	• • •		•	•	756,191
Illinois			•		1,667,027
Indiana			•	•	684,627
Intermountain				•	703,248
Iowa				•	425,013
Kansas			•	•	716,622
Louisiana · · · · ·		• • •	•	•	547,532
Maine			٠	•	751,761
Maryland				•	562,404
Memphis			•	•	661,405
Metro New York			•,	•	687,547
Metro. D.C			•		1,949,005
Michigan			•	• 1	1,713,674
THIS SOULT.	• • •.		•	•	828,719
Mountain States			٠	•	565,748
Mississippi · · · ·	• , • •.		• 1	•	35,420
North Dakota				•	145,383
Nebraska			•	•	349,632
South Dakota			•	•	379,000
New Jersey			•	•	2,165,069
New Mexico				•	171,215
North Carolina		·	•	•	466,156
Northeastern Ohio			•	•	48,233
Northern New England.		• . • •	•	•	58,050
Northlands			•	• ,	1,180,657
Northwestern Ohio		• • •	•	•	266,768

-		
Ohi	o State \$ 284,938	
	o Valley	
	ahoma 205,978	
Ore	gon 901,738	
	rto Rico 903,426	
Roc	hester 437,891	
	th Carolina 69,281	
Sus	quehanna Valley	
	nessee Mid-South 405,290	
Tex	as 830,230	
	-State 996,530	
	ginia	
Was	hington/Alaska 652,438	
	consin 1,156,355	
	tern New York 1,106,242	
	tern Pennsylvania 43,911	
Wes	t Virginia	
	Total Direct Costs \$37,227,949	
	Estimated Indirect Costs 8,004,009	
	Subtotal	
Reduction	on Awards for Continuation	
	al Activities	
	Total Direct Costs · · · · · \$ 1,878,149	į
	Estimated Indirect Costs 412,732	_
	\$ 2, 290,881	
	Total \$47,522,839	

RMPS-GMB February 12, 1971

		·			
(1)	(2)	(3)	(4)	(5)	(6)
REGION	COMMITMENT	REDUCTION	NEW LEVEL	CARRYOVER	TOTAL
1. Alabama	\$ 870,771	\$104,493	\$ 766,278	-0-	\$ 766,2 78
2. Thany	915,910	109,909	806,001	30,000	836,001
3. Arkansas	1,315,752 *	106,501	1,209,251	-0-	1,209,251
4. Arizona	811,191	97,343	713,848	-0-	713,848
5. Bi-State	709,587	85,150	624,437	235,646	860,083
6. California	7,068,289	848,195	6,220,094	480,168	6,700,262
7. Central New York	•	84,011	616,080	29,000	645,080
8. Colorado/Wyoming	1,094,572	131,348	963,224	34,774	997, 998
9. Connecticut	1,370,565	164,468	1,206,097	-0-	1,206,097
0. Florida	1,535,568	184,268	1,351,300	-0-	1,351,300
1. Georgia	2,022,571	242,709	1,779,862	-0-	1,779,862
2. Greater Del. V.	2,109,357	253,123	1,856,234	-0-	1,856,234
3. Hawaii	923,143	110,777	812,366	23,396	835 ,762
4. Illinois	1,532,333	183,880	1,348,453	-0-	1,348,453
5. Indiana	1,121,411	134,569	986,842	-0-	986,842
6. Intermountain	2,446,230	293,548	2,152,682	-0-	2,152,682
7. Iowa	651,417	78,170	573,247	-0-	573, 247
8. Kansas	1,404,795	168,575	1,236,220	228,805	, 1,465,025
9. Louisiana	628,369	75,404	552,965	-0-	552,965
0. Maine	893,780	107,254	786,526	10,693	797,219
1. Maryland	2,077,883	249,346	1,828,537	-0-	1,828,537
2. Memphis	1,086,048	130,326	955,722	-0-	955,722
3. Metro. D.C.	1,008,728	121,047	887,681	-0-	887,681
4. Metro. New York	2,539,887	304,786	2,235,101	-0-	2,235,101
5. Michigan	1,601,367	192,164	1,409,203	-0-	1,409,203
6. Aississippi	966,160	115,939	850,221	0-	850,221
7. Assouri	2,047,610 *	222,193	1,825,417	-0-	1,825,417
8. Mountain States	1,611,764	193,412	1,418,352	-0-	1,418,352
9. Nassau/Suffolk	838,061*	43,567	794,494	-0-	794,494
Nebraska/S. Dakot	a 500,250	60,030	440,220	-0-	440,220
1. New Jersey	1,236,255	148,351	1,087,904	- 0-	1,087,904
2. New Mexico	1,036,719	124,406	912,313	133,452	1,045,765
3. North Carolina	1,545,105 *	125,413	1,419,692	-0-	1,419,692
4. North Dakota	310,683	37, 282	273,401	19,900	293,301
5. Northeastern Ohio	786,187	94,342	691, 845	-0-	691,845
5. N. New England	670,677	80,481	590,196	-0-	590, 196
7. Northlands	1,315,368	157,844	1,157,524	-0-	1,157,524
3. Northwest Ohio	781,027	93,723	687,304	-0-	687, 304
). Ohio State	714,075	85, 689	628, 386	-0	628,3 86
). Ohio Valley	1,039,195	124,703	9 14,492	25,000	939,492
l. Oklahoma	839,205	100,705	738,500	-0-	738,500
?. Oregon	761,268*	38,382	722,886	-0-	722,8 86
3. Puerto Rico	9 58,163	114,980	843,183	-0-	843,183
. Rochester	508,667	61,040	447,627	-0-	447,627
i. South Carolina	1,089,023	130,683	958,340	203,768	1,162,108]
Susquehanna V.	545,915	65,510	480,405	-0-	480,405
'. Tennessee Mid-S.	1,985,627	238,275	1,747,352	-0-	1,747,352 🗓
3. Texas	1,316,700	158,004	1,158,696	549,344	1,708,040
). Tri-State	1,882,485	225,898	1,656,587	-0-	1,656,587
). Wrginia	764,826	91,779	673,047	- 0-	673,047 2
	•				•
			•		
	•		· · · · · · · · · · · · · · · · · · ·		

REGION	COMMITMENT	REDUCTION	NEW LEVEL	CARRYOVER	TOTAL
51. Washington/Alaska	\$1,617,379 *	\$181,485	\$1,435,894	-0-	\$1,435,894]
52. West Virginia	516,567	61 , 988	454,579	-0-	454, 579
33. Mestern New York	1,029,459	123,535	905,924	-0-	905, 924
54. Western Penna.	944,257	113,311	830,946	-0-	8 30,946
55. Wisconsin	1,081,569	129,788	951,781	60,704	1,012,485
Total	\$69,679,861	\$8,104,102	\$61,575,759	\$2,064,650	\$63,640,409

- L/ Level for 11 month budget period
- !/ Level for 10 month budget period
- 3/ 6 month extension with funds
- Includes additional support over previous commitment. The source of these funds are from the balance created by the 12% reduction of the initial commitment of program support for FY 1971. The regions and amounts are as follows:
 - 1. \$ 105,000 Washington/Alaska
 - 2. 428,246 Arkansas
 - 3. 196,000 Missouri
 - 4. 500,000 North Carolina
 - 5. 441,414 Oregon
 - 6. 475,000 Nassau/Suffolk \$2,145,660 Total

dditional funds to be awarded in FY 1971 are:

- 1. \$500,000 Nebraska 7/1/71-6/30/72
- 2. \$379,500 South Dakota 7/1/71-6/30/72

he \mathcal{F} ant periods beginning 7/1/71 for Kansas and South Carolina will be funded from Y 1972 appropriations.

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REGION	COMMITMENT	NEW REDUCTION	PREVIOU REDUCTION	CHANGE IN REDUCTION	PREVIOUS LEVEL	NEW LEVEL	CARRYOVER	TOTAL
4.2 ab am a	\$ 870,771	\$104,493	\$ 74,016	- \$ 30,477	\$ 796,755	\$ 766,278	-0-	\$ 766,27
Alabama	915,910	109,909	91,591	-18,318	824,319	806,001	30,000	836,00
Albany	1,315,752 *	106,501	75,438	-31,063	812,068	•	· -0-	1,209,25
Arkansas	811,191	97,343	68,951	-28,392	742,240	713,848	-0-	713,84
Arizona	709,587	85,150	60,314	-24,836	649,273	624,646	235,646	860,08
Bi-State !/	7,068,289	848,195	600,804	-247 ,391	-6,467,485	6,220,094	480,168	6,700,2€
California	·	84,011	59,507	-24,504	640,584	616,080	29,000	645,08
Central New York	700,091	131,348	93,038	-38,310	1,001,534	963,224	34,774	997,95
Colorado/Wyoming	1,094,572	164,468	116,498	-47,970	1,254,067	1,206,097	-0-	1,206,09
Connecticut	1,370,565	184,268	130,523	- 53,745	1,405,045	1,351,300	-0-	1,351,30
Florida	1,535,568	242,709	171,918	-70,791	1,850,653	1,779,862	-0-	1,779,86
Georgia	2,022,571	253,123	700,000	+446,877	1,409,357	1,856,234	-0-	1,856,23
Greater Del. V.	2,109,357	110,777	78,467	-32,310	844,676	812,366	23,396	835,76
Hawaii	923,143	183,880	130,248	- 53 , 632	1,402,085	1,348,453	- Ó-	1,348,45
Illinois	1,532,333	134,569	95,319	-39,250	1,026,092	986,842		986,84
	1,121,411		207,929	-85,619	2,238,301		-0-	2,152,68
Intermountain	2,446,230	293,548	55,370	-22,800	596,047		-0-	573,24
Iowa 1	651,417	78,170	119,407	-49,168	1,285,388	1,236,220	228,805	1,465,02
Kansas D	1,404,795	168,575	53,411	-21,993	574,958		-0-	552,9€
Louisiana	628,369	75,404	•	-31,283	817,809		10,693	797,21
Maine	893,780	107,254	75,971	+250,654	1,577,883		-0-	1,828,50
Maryland	2,077,883	249,346	500,000	-21,721	977,443		-0-	955,72
Memphis	1,086,048	130,326	108,605	-20,174	907,855		-0-	887,68
Metro. D.C.	1,008,728	121,047	100,873 500,000	+195,214	2,039,887	2,235,101	-0-	2,235,10
Metro. New York	2,539,887	304,786	•	-56,048	1,465,251	1,409,203	-0-	1,409,20
Michigan	1,601,367	192,164	136,116	-33,816	884,037	•	-0-	850,21
Mississippi	966,160	115,939	82,123	-64,807	1,694,224	•	-0-	1,825,41
Missouri	2,047,610 *	222,193	157,386	-59,413	1,474,765	1,418,352	-0-	1,418,3
Mountain States	1,611,764	193,412	136,999	-12,707	332,201	794,494	-0-	794,49
Nassau/Suffolk	838,061 *	43,567	30,860	-17 , 509	457,729		-0-	440,21
Nebraska/S. Dakota 3		60,030	42,521	-43 , 270	1,131,174	•	-0-	1,087,90
New Jersey	1,236,255	148,351	105,081	-20,734	933,047	•	133,452	1,045,76
New Mexico	1,036,719	124,406	103,672	-36,580	956,272	The second secon	-0-	1,419,69
North Carolina	1,545,105 *	125,413	88,833	-10,874	284,275	-	19,900	293,30
North Dakota	310,683	.37,282	26,408	-15,723	707,568		-0-	691,8
Northeastern Ohio	786,187	94,342	78,619	25,725	707,500	071,043		,-

<u>≀EGION</u>	COMMITMENT	NEW REDUCTION	PREVIOUS REDUCTION	CHANGE IN REDUCTION	PREVIOUS LEVEL	NEW LEVEL	CARRYOVER	TOTAL
N. New England	\$ 670,677	\$ 80,481	\$ 57,007	- \$ 23,474.	\$ 613,670		-0-	\$ 590,1!
Northlands	1,315,368	157,844	111,806	-46,038	1,203,562	1,157,524	-0-	1,157,5
Northwest Ohio	781,027	93,723	78,103	-15,620	702,924	687,304	-0-	687,31
Ohio State	714,075	85,689	71,408	-14,281	642,667	628,386	0-	628,3
Ohio Valley	1,039,195	124,703	88,331	-36,372	950,864	914,492	25,000	939,49
Oklahoma	839,205	100,705	71,332	-29,373	767,873	738,500	-0-	738,50
Oregon	761,268 *	38,382	27,187	-11,195	292,667	722,886	-0-	722,8
Puerto Rico	958,163	114,980	81,443	-33,537	876,720	843,183	-0-	843,1
Rochester 3/	508,667	61,040	43,236	-17,804	465,431	447,627	-0-	447,6
South Carolina 1	1,089,023	130,683	92,566	-38,117	996,457	958,340	203,768	1,162,10
Susquehanna Valley	545,915	65,510	46,402	-19,108	499,513	480,405	-0-	480,40
Tennessee Mid-South	4	238,275	168,778	-69,497	1,816,849	1,747,352	-0-	1,747,3
Texas	1,316,700	158,004	111,919	-46,085	1,204,781	1,158,696	549,344	1,708,0
Tri-State	1,882,485	225,898	160,011	-65,887	1,722,474	1,656,587	-0-	1,656,5
Virginia 1/	764,826	91,779	65,010	-26,769	699,816	673,047	-0-	673,0
Washington/Alaska L	•	181,485	128,552	- 52 , 933	1,383,827	1,435,894	-0-	1,435,8
West Virginia	516,567	61,988	43,908	-18,080	472,659	454,579	-0-	454,5
Western New York	1,029,459	123,535	87,504	-36,031	941,955	905,924	-0-	905,9
Western Penna.	944,257	113,311	80,261	-33,050	863,996	830,946	-0-	830,9
Wisconsin	1,081,569	129,788	91,933	-37,855	989,636	951,781	60,704	1,012,4
Total		88,104,102	\$6,963,513	\$1,143,589	\$60,570,688	\$61,575,759	\$2,064,650\$	63,640,4

Level for 11 month budget period Level for 10 month budget period 6 month extension with funds

Includes additional support over previous commitment. The source of these funds are from the balance created by the 12% reduction of the initial commitment of program support for FY 1971. The regions and amounts are as follows:

- 1. \$ 105,000 Washington/Alaska
- 2. 428,246 Arkansas
- 3. 196,000 Missouri
- 4. 500,000 North Carolina
- 5. 441,414 Oregon
- 6. 475,000 Nassau/Suffolk \$2,145,660 Total

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Regional Medical Programs

Obligations to States for Grants

	1970 Actual	1971 Estimate	1972 Estimate
	Grants	Grants	Grants
	GLAILS	Granes	Oranto
Alabama	\$1,148,266	\$ 855,228 	\$ 855,228
	983,127	986,663	986,663
Arkansas	1,079,200	901,822	901,822
Arizona	1,742,652	7,857,994	7,857,994
California	3,295,962	3,008,703	3,008,703
Colorado		(1,791,839)	(1,791,839)
Mountain States RMP-WICHE	(1,959,224)	(1,216,864)	(1,216,864)
Colorado-Wyoming RMP	(1,336,738)	(1,210,004)	(1,210,004)
Connecticut	1,197,354	1,523,691	1,523,691
Delaware (See Pa.)	1,431,784	1,103,044	1,103,044
District of Columbia	1,756,986	1,707,130	1,707,130
Florida	87,270	2,248,543	2,248,543
Georgia	914,701	1,026,281	1,026,281
Hawaii Idaho (See Colo.)	914,701		
Illinois	2,216,969	1,703,533	1,703,533
Indiana	1,632,990	1,246,702	1,246,702
Iowa	1,144,663	724,197	724,197
	58,516	1,561,746	1,561,746
Kansas Kentucky (Ohio Valley)	1,141,193	1,155,300	1,155,300
	1,144,180	698,574	698,574
ouisiana	453,406	993,516	993,516
Maine	2,325,944	1,917,127	1,917,127
Maryland	1,587,046	2,092,806	2,092,806
Massachusetts (Tri-State)	2,737,658	1,780,280	1,780,280
Michigan	1,492,265	1,462,328	1,462,328
Minnesota (Northlands)	1,811,387	1,074,105	1,074,105
Mississippi	5,726,953	2,847,349	2,847,349
Missouri	(4,714,646)	(2,058,482)	(2,058,482)
Missouri RMP	(1,012,307	(788,867)	(788,867)
Bi-State	(1,012,507	(700,007)	(,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
Montana (See Colo.)	and the same		
Nebraska	1,162,224	556,141	556,141
Nevada (See Colo.)		apanal Marier Serbes	
New Hampshire (See Mass.)			
New Jersey	1,362,417	1,374,376	1,374,376
New Mexico		1,133,652	1,133,652
New York	7,379,835	6,371,918	6,371,918
Albany	(1,534,208)	(1,001,548)	(1,001,548)
Western N.Y.	(1,271,728)	(1,144,475)	(1,144,475)
Rochester	(939,674)	(565, 499)	(565,499)
Central N.Y.	(45,039)	(778,310)	(778,310)
Greater N.Y.	(3,210,923)	(2,478,462)	(2,478,462)
Nassau-Suffolk	(378, 263)	(403,624)	(403,624)
	0.075	0 /00 000	2 (20 000
North Carolina	2,275,014	2,430,000	2,430,000
North Dakota	361,371	345,394	345,394

Regional Medical Programs
Obligations to States for Grants (Continued)

	1970 Actual	. <u>1971 Estimate</u>	1972 Estimate
	Grants	Grants	Grants
Ohio	\$2,705,489	\$2,494,588	\$2,494,588
Ohio State	(422,606)	(780,840)	(780,840)
N.W. Ohio	(1,545,276)	(854,053)	(854,053)
N.E. Ohio	(737,607)	(859,695)	(859,695)
Oklahoma	1,413,974	932,966	932,966
	888,385	355,590	355,590
Pennsylvania Delaware Valley Western Pennsylvania Susquehanna Valley	5,561,803	3,369,032	3,369,032
	(2,500,033)	(1,712,369)	(1,712,369)
	(2,359,490)	(1,049,755)	(1,049,755)
	(702,280)	(606,908)	(606,908)
Puerto Rico	1,070,577 1,234,457	1,065,215 1,210,695	1,065,215 1,210,695
Tennessee Mid-South Memphis	3,970,080	3,395,065	3,395,065
	(2,668,969)	(2,207,472)	(2,207,472)
	(1,301,111	(1,187,593	(1,187,593)
Texas	2,805,538 3,562,599 313,788 696,633 2,035,610 447,905 1,843,868	1,463,809 2,719,536 745,609 1,020,331 1,681,350 574,281 1,202,408	1,463,809 2,719,536 745,609 1,020,331 1,681,350 574,281 1,202,408
	\$78,202,039	\$74,918,618	\$74,918,618

In-center Hospital Hemodialysis - Chronic Hemodialysis

Cost figures range from \$15,000 to \$50,000 annually per person.

Home Dialysis

For dialysis in the home by the patient or a family member costs average \$15,000 for the first year of dialysis which includes an average 10 weeks of in-center training, purchase of equipment, and home renovation.

Ensuing years cost in the home range from \$5,000 to \$7,000 annually.

Limited Care Dialysis

Although complete cost data on dialysis provided in low overhead facilities is not available, indices point to an annual cost data range from \$7,500 to \$15,000 per year per person.

Cost Trends in Transplantation

It is very difficult to discuss how advances in transplantation have led to cost reductions without first defining the components of transplant cost. The two biggest and most problematical components of transplant costs are the pre-transplant dialysis (if you want to consider this as a transplant cost) and the post-transplant complications. The cost of the actual transplant itself and the immediate post-operative hospital care for a normal surgical end result is somewhat fixed and standard and is comparable to other surgical costs. Any improvements in transplant costs, therefore, will have to come either in the reduction of pre-transplant dialysis time or in the reduction of post-transplant complications.

Most medical research and advances have also been in these two areas. As the result of organ procurement projects supported by the Kidney Disease Control Program and various other organ procurement and sharing projects through the country, there is the feeling, although very subjective, that because of organ sharing and procurement programs, a patient's time awaiting cadaver transplantation has been reduced. This, in turn, reduces the pre-operative dialysis which, therefore, represents a cost savings.

As far as advances directed toward the problem of rejection are concerned, advances have been made in two basic areas:

- 1. Tissue typing Within the last 5 years, considerable refinement in technique and knowledge of tissue typing has been made. Although there is a great deal of controversy at the moment, about the efficacy of tissue typing, most transplanters will agree that tissue typing has contributed significantly to the recent improvement in transplant survival data. This is even more evident in the living related donors, but is also true for cadaveric donors. As tissue typing has become more refined and transplants are done between more genetically compatible donor and recipient, the complications of rejection have decreased, thus representing a significant cost reduction.
- 2. Immunosuppression Immunosuppression directed against the transplantation rejection phenomena has also improved over the past 5 years, with ALG probably being the most significant addition to the immunosuppressive armamentarium. This area, like that of tissue typing, is by no means adequate as yet, and continued research must be done. However, better immunosuppressive therapy has resulted in fewer complications as well as the ability to treat rejection at an earlier stage and has resulted, ultimately, in less morbidity and less cost.

Another very recent technical advancement, which has represented significant cost saving in a limited number of transplant centers, is the pulsatile profusion apparatus developed by Dr. Belzer. In the centers most experienced in using this apparatus, one is able to remove the donor kidneys, and evaluate them anatomically and physiologically, before embarking on the tissue typing, thus cutting down significantly on tissue typing expenses. However, this

saving is significant only in a limited number of centers that have had a great deal of experience with this apparatus. As more centers use it and gain more experience with it, one is hopeful that this will represent widespread savings.

Another very significant factor affecting reduction of transplant costs is experience and number of transplants done by the center. Dr. Kountz's testimony at last year's Senate hearings stated that of the 200 transplants that were performed at their center, the first 50 cost about \$20,000, the next 100, between \$10,000 and \$15,000, and the last 50, between \$5,000 and \$10,000.

Unfortunately, progress in transplantation has been somewhat slow and steady, and there have been no major or drastic breakthroughs as yet. I have rendered transplantation just an ordinary surgical procedure. Therefore, costs still tend to be very high and somewhat difficult to assess.

KIDNEY DISEASE CONTROL PROGRAM

Cost Trends in Hemodialysis

The Kidney Disease Control Program let 12 six-year home hemodialysis training program contracts in 1967. The purposes of these contracts are to test the feasibility of home dialysis as an effective and efficient method of treatment of end-stage kidney disease, to provide the Kidney Disease Control Program with pertinent cost and medical data, and to develop financial sources other than Federal to support such a training program.

The cost data collected from these contracts has shown that the costs of home dialysis are considerably lower than center dialysis and the trends of these home costs indicate they will continue to drop. Contributing factors to these lower costs have been such things as:

- 1. lowering costs of equipment and supplies;
- 2. bulk buying and storage of supplies by the training center for the home patient;
- 3. development of techniques for resue of certain supplies, i.e., blood tubing, artificial kidney (coil, capillary, and Kiil);
- 4. lower personnel costs through the effective use of paramedical personnel for patient training and supervision; and
- 5. effective utilization of already over-crowded hospital beds: if a hospital operates on a 6 day, 2 shift schedule, 4 center dialysis patients will continually occupy one bed; however, if that same bed is used to train a patient for home dialysis using the average training time of 6 to 8 weeks, six to eight patients will occupy that bed every year.

A certain number of patients cannot be trained for home hemodialysis for a variety of reasons, some of which include intellectual inability to grasp the procedure, psychological problems in accepting the responsibility, and not having a reliable partner to assist in the procedure at home.

Thus, in order to develop a relatively economical way to treat these patients, the concept of "limited care" dialysis came into being. The Kidney Disease Control Program began funding three limited care facilities in June 1970.

The purpose of these units is to provide dialysis in a low overhead facility staffed with limited medical personnel and operated essentially by paramedical personnel. Complete cost data on the operation of this kind of unit is not available at this time but all indexes point to average costs per dialysis of between \$50 to \$100 as compared to the average of \$200 to \$300 per dialysis costs in a hospital setting.

KIDNEY DISEASE CONTROL PROGRAM

The Dow Hollow Fiber Artificial Kidney (HFAK)

This dialyzer is composed of some 10 to 13,000 deacetylated cellulose acetate hollow fibers, plasticized and imbedded in a silicone rubber base at either The fibers are but 215 microns in diameter providing an effective dialyzing surface of approximately 1 meter square. They are about 8 inches long and require only about 115 to 135 mls of priming fluid (depending upon the geometry of the header used). The performance of this dialyzer, in general, is as effective as a coil type dialyzer with regard to dialysance and ultrafiltration. Its cost, ease of use, and its reuseability make it more efficient than most of the available equipment. However, all is not as rosy as appears. The one major drawback to this piece of equipment is in its thrombogenic tendencies, a fact that makes its general applicability impractical at the present time. In regard to performance, the dialysance, as measured by the creatinine, urea and phosphate clearances, demonstrate that this unit functions as effectively as the Coil and considerably more so than the Kiil. In addition, Dr. Gotch was not able to demonstrate any tangible differences in the well being of the patients dialyzed with any of these dialyzers. Ultrafiltration was quite easily effected by varying the negative pressures produced by a Venturi. Negative pressures could be easily generated from a -250 to a -500 millimeters of mercury with a mere 25- to 30-pound waterhead pressure. Two potential problems arise in this area:

- 1. Attaining a 30-pound head of pressure from the water tap, and
- 2. Adjustments that would necessarily be made to adapt the dialyzer to these new pressures.

Apparently, both can be handled quite easily mechanically. However, the latter of these points appears to be more troublesome because of the reluctance of some of the manufacturing companies to make modifications on their machines (usually, this involves not much more than a change in dial settings and readout dials).

In regard to its efficiency of use, this unit combines the best points of the Kiil and the Coil dialyzers. The unit at present costs about \$18.95. Mass'production began in January and over 1,200 were sold. February sales figures will run over 2,000 and there is presently an adequate inventory on hand for purchase. It comes presterilized, requiring only a brief period of time to set it up, yet it can easily be cleaned and resterilized with Formalin solution, to be used again (a process which only takes about 15 minutes). The HFAK can be used without a blood pump and can be used with either a fistula or an external cannula.

The major problem associated with this dialyzer is its thrombogenic tendencies, which appear to be not only related to the unit itself, but also to the individual patient. Such factors as fiber distortion, a problem which probably will not be completely eradicated because of the difficulty in the manufacturing process itself, and the shape of the header, an area where blood pools before it goes through the hollow fibers, are the two major mechanical problems at the present time. Often, one will see significant stagnation of flow in the header resulting in hemoconcentration because of fluid dynamic changes occurring when moving from a large bore tube to a very small bore tube. Indeed, both of these factors will tend toward spontaneous thrombosis. In addition, there appears to be considerable patient variance in regard to spontaneous clotting within the dialyzer itself. Dr. Gotch has already undertaken some basic coagulation studies in small groups of patients, and these seem to suggest that there are certain characteristics found in patients who do not readily clot their units. These factors are threefold:

- 1. They seem to have prolonged bleeding time;
- 2. They appear to have a decreased prothrombin consumption time; and
- 3. They appear to have abnormal platelet clumping with collagen stimulation.

One therapeutic maneuver that immediately suggests itself is to place patients on long-term anticoagulation with Coumadin. However, this only slightly prolonged the life of the dialyzer in those patients with a tendency to clot but, unfortunately, with a significant increase in morbidity. This finding hints that the clotting may be primarily related to factors other than those related to coagulation. Indeed, Dr. Gotch presently suspects that the clotting is secondary to platelet-fibrin clumping, which subsequently occludes the hollow fibers and secondarily results in clot formation. At present, he was working on more detailed coagulation experiments in an attempt to further elucidate the problem.

The Cordis Dow Corporation is presently in the process of developing a more efficient capillary that will effectively reduce clot formation. It will be introduced by Dr. Gotch at the ASAIO this summer and subsequently be put on the market. It will sell for the same price as the present kidney.